

# Serra High School

## Integrated Life Skills Syllabus

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### MATH

#### Number sense

1. Count, recognize, represent, name, & order #1-30
2. More/less #1-30
3. Add/Subtract #1-10
4. Compare sets #1-10
5. Count, read, write #1-100

#### Money

6. Coins: identify & value
7. Coins & bills/solve problems
8. Uses money symbols, calculator, checks, bank

#### Algebra Functions

9. Identify, sort, classify
10. Understand symbols

#### Measurement and Geometry

11. Time: understands concept and tools
12. Time: hours
13. Time: half hour
14. Days of the week
15. Geometric objects: match, identify, describe
16. Compare length, weight, volume

#### Statistic, Data, Analysis, and Probability

17. Patterns: size, shape, color/identify, describe
18. Using the computer

### ENGLISH/LANGUAGE ARTS

#### Reading/Word Analysis

1. Upper & lower case letters
2. Letter sounds

#### Sight Word Reading

3. Info from printed materials
4. Identify, sort, match, classify/objects, pictures, words

5. Read 1 syllable high-frequency words
6. Match oral words to printed words
7. Abbreviations use

#### Reading Comprehension

8. Follow one step directions
9. Follow two step directions
10. Ask/answer questions about text
11. Main events and relations
12. Use media for information
13. Locate needed information

#### Writing

14. Write left-right, top-bottom
15. Printing
16. Keyboarding

#### Listening

17. Use/follow 1-2 step directions
18. Listen attentively

#### Speaking Applications

19. Share info & ideas
20. Describe people, places, things, locations, actions
21. Stay on topic when speaking
22. Asks questions
23. Recounts experience in sequence
24. Apply interviewing techniques

### PHYSICAL EDUCATION

#### Safety

1. Equipment safety

#### Movement/Mobility

2. Body parts: identify
3. Body parts: move & position
4. Balance: includes using adapted equipment
5. Travel by self
6. Travel in a group
7. Travel: move in relation to obstacles
8. Aerobic activity

#### Fine motor

9. Manipulate objects

Recreation/Leisure/Sportsmanship

10. Toss and catch ball
11. Strike stationary ball
12. Play in groups
13. Participates in games, sports, dance, outdoor activities, on/off campus
14. Strategies in games: rules & turns
15. Game officials

Growth and Maturation

16. Changes in body: sensory, differences, cycles, appropriate dress